



## Suggested Questions to Ask Treatment Centers\*

1. What kind of medical staff do you have at your center? (i.e., Medical Doctor, Psychiatrist, 24 hour nursing care)
  
2. How much does your treatment cost?
  
3. What forms of payment do you take? (cash, credit card, financing, insurance)
  
4. Do you take insurance?
  - a. If you take insurance, are you in-network or out-of-network with my insurance plan?
  - b. You should have the center verify your benefits to see what would be covered and how much of the cost you would be responsible for paying out-of-pocket.
  
5. Ask the physical address where you will be getting treatment. Then go to <https://www.google.com/maps> to get an accurate photo of where you will be staying or getting treatment. BreakFreely shows the Google street view for each location on our site. However, the centers may give you multiple addresses. Suggested questions are below:
  - a. What is the exact physical address where I (or loved one) will be receiving medical detox if needed?
  - b. What is the exact address where I will be staying for residential treatment?
  - c. Will I be moved to a different location during treatment? If so, what is the physical address of that location?
  
6. What is your licensed counselor to patient ratio?
  
7. How often will I have access to one-on-one counseling?



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8. Explain your detox process. Do you manage this process or outsource it?
  
9. Are you abstinence based or offer MAT (Medically Assisted Treatment)?
  
9. Do you allow visitors and if yes, when?
  
10. What is the daily schedule like at your center?
  
11. What kind of activities do you offer? Fitness center, music, etc
  
12. What should I bring for a stay at your center?

Notes Section:

\*When you are contacting a treatment center about possibly sending yourself or a loved one, you should feel comfortable asking them any questions that you have. We have put together a list of questions you may consider asking centers when you contact them. These are merely suggestions and asking these questions does not necessarily mean that you will find a center that is a right fit for you.